

Alston RidgeBand Practice Challenge - September 5

What to do:

1. Practice 15 minutes per day, 5 days per week.
2. Follow each direction, and then check it off when you've done it.
3. At the end of the week, have your parents sign the chart. What you get: One completed week of practice = one check on our Band Challenge Chart!

	Th	F	S	S	M	T	W
p. 43 - #5-8 (Level 3)							
Count all four rhythms back to back without stopping in between							
Choose one of the exercises and: Play the first measure on the first note of your pentascale, the second measure on the second note, the third measure on the third note, and the last measure on the fourth note.							
p. 7 - #9 or 10 (choose one per day)							
Count the rhythm.							
Say the note names while doing their fingerings on your instrument.							
Play. (Winds, remember the breath marks. Percussionists, remember your stickings.)							
p. 7 - #11, 12, or 13 (choose one per day)							
Count the rhythm.							
Say the note names while doing their fingerings on your instrument.							
Play. (Winds, remember to breathe only on breath marks or rests.)							