

Virtual Band Camp

Video 5 Skill Sheet - Clarinet Hand Position Exercises

1. One Hand at a Time

- Practice getting correct hand position, one hand at a time.
- Use the video to make sure your fingers are on the correct keys.
- Do this 5 times each day on each hand, seeing how quickly you can get everything correct!

2. Fingerprints & Keyprints

- To play the clarinet well, we need to squish the plump part of our fingers onto each hole.
- Pretend you're at the police station, giving your fingerprints. Squish your fingerprint onto each circular key, one finger at a time.
- Now, lift up your finger and see if the key has made a circle on your finger. If it's made a complete circle, your finger is in the right place! If not, try again.
- Once you become good at one finger, try doing 2 or 3 fingers at a time!

3. Put it down, Pick it up.

- Lay your clarinet in your lap, then pick it up and see how quickly you can correctly position both your hands.
- Time yourself. Can you get the correct hand position in 5 seconds? 3 seconds? *1 second??*

4. "You Belong to Me."

- On the clarinet, each finger belongs to a specific key, and moves up and down on that key.
- Practice lifting each finger off its home key, and then putting it right back down.
- Can you put down or pick up 2 fingers at once? How about 3, 4, or all of them??

Practice Chart

Each time you do one of the exercises above, check it off below. The more checks you get, the better you'll become at playing clarinet.



Exercise	Checks
One Hand at a Time	
Fingerprints and Keyprints	
Put it Down, Pick it Up	
You Belong to Me	