

# Alston Ridge Band Practice Challenge - November 26

## What to do:

1. Practice 15 minutes per day, 5 days per week.
2. Follow each direction, and then check it off when you've done it.
3. On Tuesday, bring your completed chart to class. This is your ticket to play in band!

	W	Th	F	S	S	M	T
<b>Page 10, #31 – Tied and True</b>							
Count the rhythm. Remember, the tie combines the half and quarter notes into one 3-beat-long note.							
Play. Tighten your lip corners and speed up your air to hit the high A.							
<b>Storm Surge: letter C-D</b>							
Count the rhythm.							
Say and finger.							
Play, thinking of note names in your mind.							
<b>Storm Surge: letter B-C</b>							
Count the rhythm.							
Say and finger.							
Play, thinking of note names in your mind.							

**Every day, you are growing stronger and better.**

**Parent signature** \_\_\_\_\_