

# Alston Ridge Band Practice Challenge - October 1

## What to do:

1. Practice 15 minutes per day, 5 days per week.
2. Follow each direction, and then check it off when you've done it.
3. On Tuesday, bring your completed chart to class. This is your ticket to play in band!

	T	W	T	F	S	S	M
<b>Pentascle &amp; Combos</b>							
Play your pentascle + G.							
Play these double stops back to back: Bb/D, C/Eb, D/F, Eb/G							
Now play your double stops backward: Eb/G, D/F, C/Eb, Bb/D							
<b>Page 8 – #15</b>							
Count the rhythm.							
Say and finger. (If you don't know a note, look it up in the yellow boxes on page 6.)							
Play. Alternate your hands!							
<b>Page 8 – #17: Choose 2 measures and:</b>							
Count the rhythm.							
Say and finger. (If you don't know a note, look it up in the yellow boxes on page 6.)							
Play. Alternate your hands!							

**Great musicians look up their notes. We never guess!**

Parent signature \_\_\_\_\_